



Angling Coaching for CAPS!

CAP's are introducing coaching to the club, both for Juniors (and adults). This will be run with Angling Coaching Initiative (ACI) who have run junior and family coaching days since early 2018 and have successfully run a full programme every season, including during the lockdown.

This is aimed primarily at Juniors and their parents/family, but with so many anglers returning to the sport during the lock-down, we will try to offer some limited extension now to all adults too.

So we are looking to establish a new, additional ACI coaching team based at CAPS. Are you able to offer at least some days during the season to help with the coaching? Even if you can only volunteer for a few days a year that's fine. If you want to coach more regularly then we'd be delighted to help you though taking the Angling Trust Level 1 then Level 2 qualification; the latter entitles you to run your own events. We have taken 5 volunteers through to L1 and 3 are just now concluding their L2.



It's highly satisfying seeing students' progress through from their first ever fish to competently fishing completely by themselves, and progressing to become anglers for life. We get many returning anglers coming with the Juniors too, so they hone their skills with us as well.

ACI are currently the only major voluntary Junior coaching organisation in Essex, if it hadn't been for the tragedy of the Covid virus last year we would have been swamped with applicants, there is far more demand for coaching than one team of coaches can possibly provide. We have an ambitious programme of events lined up for the May to Oct period, fifteen ACI events on a mixture of KDAA, MAS, Chigborough and now CAPS waters too. There are also a further two days on CAPS water Olivers for a general teach-in day for all members.



So we are looking for more volunteers to coach, can you help? Beginners particularly need a high coach to student ratio of 2 to 1 so the more volunteers we have for an event, the more people we can take. We're looking for volunteers to come along to any or all of our events, CAPS or any of the waters, to learn how we do things and progress from there. You're welcome to phone me to discuss if you wish, or go to our website <https://anglingcoachinginitiative.co.uk/> to see how we approach this. Your own Match Secretary Andy Howard is heavily involved with the project too and has experienced the coaching first hand last summer (very competently too!) so alternatively you can speak to him as well.

The more volunteers we have the more people we can help, and its great fun too. Look forward to hearing from you.

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